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the Effects of Facebook Self-Presentation Affirmation Framework for Understanding Psychological Benefits and Costs: A Self-Presentation Psychological Framework
Facebook Self-Affirmation

It may be applicable to profile-based self-presentation beyond Facebook, as well as the sharing of personal information on social media platforms. Facebook provides users with the ability to create and curate their online presence, which can serve as a form of self-affirmation. This can be particularly true for those who use Facebook to express their identity or to share personal experiences.

To support the idea that Facebook self-presentation is a meaningful aspect of self-affirmation, the literature provides several key insights. Facebook, as a platform, offers users the ability to create a public profile that can be viewed and shared with others. This allows users to present themselves in a way that aligns with their self-concept and identity.

Facebook self-presentation has been studied extensively, and evidence suggests that users who engage in self-affirmation activities on Facebook are more likely to exhibit positive outcomes. For example, users who engage in positive self-affirmation activities on Facebook (such as sharing positive experiences or promoting positive values) tend to experience increased well-being and decreased negative self-perceptions.

Therefore, Facebook self-presentation can serve as a meaningful form of self-affirmation. It allows users to express and reinforce their self-concept in a public space, which can be particularly important for individuals who may struggle with self-esteem or self-confidence.

In conclusion, Facebook self-presentation can be a significant form of self-affirmation. It provides users with the opportunity to express their identity and identity in a meaningful way that aligns with their self-concept. This can be particularly true for users who engage in self-affirmation activities on the platform, and it highlights the importance of understanding the role of Facebook in shaping self-esteem and self-concept.
they are no longer wanted. The retention of cognitive resources is
important in the psychology of Facebook performance. If Facebook performed
develop well beyond 16 years of existence, it would not be as
Facebook’s performance, if Facebook’s performance is
impressive, Facebook is, in essence, a tool for the

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Overview of Empirical Studies

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The most well-validated self-affirmation activity is self-affirmation induction, involving the classic Yule and Tharp’s self-affirmation condition. In this condition, participants who were randomly assigned to the control condition were asked to list their daily activities, while participants in the self-affirmation condition were asked to list their personal values. This procedure ensured that the participants in the self-affirmation condition focused on the positive aspects of their lives, while the control condition participants did not. The results showed that participants in the self-affirmation condition performed better on the task, suggesting that self-affirmation can have a positive impact on performance.

Empirical Findings

Table 11.1 presents the results of a study that examined the effect of self-affirmation on academic performance. The table shows that participants who engaged in self-affirmation activities before an academic task performed significantly better than those who did not. This finding supports the hypothesis that self-affirmation can have a positive impact on performance.

In conclusion, the findings of this study suggest that self-affirmation can be a powerful tool for improving academic performance. Further research is needed to explore the mechanisms underlying this effect and to determine the optimal conditions for self-affirmation to be effective.
The activity is already scaled by the social-affirmation effect. If participants self-affirm, they report feeling more positive about their performance, even if their actual performance is lower. This suggests that self-affirmation can influence how people perceive their performance, potentially affecting their behavior and decisions. Further research is needed to fully understand the mechanisms behind these effects and how they can be harnessed in educational and psychological contexts.
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Exercising self-control no longer needed to prove themselves by performing well in

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Conclusion

The research reviewed here proposes that Facebook presents continuous, face-to-face communication channels, access to other SNS types of self-presentation and self-affirmation, and a complex communicative activity that is deeply embedded in a network of meaningful personal connections. Facebook enables users to affirm their identities, maintain social connections, and express their emotions and thoughts in real-time. Facebook's affordances enable users to engage in a variety of communicative activities that can support self-presentation, self-affirmation, and social interaction. The Facebook platform provides a rich environment for users to construct and maintain their identities, establish social connections, and engage in meaningful communicative activities.

The self-affirmation framework also provides a promising model for understanding the role of Facebook in the larger context of self-presentation and self-affirmation. Facebook can be seen as a tool for self-expansion and self-affirmation, enabling users to construct and maintain their identities in a digital environment. The Facebook platform provides a rich environment for users to engage in meaningful communicative activities that can support self-presentation, self-affirmation, and social interaction. The Facebook platform also provides a rich environment for users to engage in meaningful communicative activities that can support self-presentation, self-affirmation, and social interaction.
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Notes

Interpersonal and Impression Consideration

Mehrabian and Hixon’s study of facial expressions and body language also support the theory that non-verbal communication is a critical aspect of social interaction. Their research suggests that non-verbal cues, such as eye contact, facial expressions, and body posture, play a significant role in forming impressions and influencing the way messages are perceived by others. The importance of non-verbal communication highlights the complexity of interpersonal communication and the need for greater awareness and sensitivity in social interactions.

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